

🏠 {HOME} ❤️ {HEART} 🏠 {BODY} 🌱 {SOUL} Circle one: ● Did Something 5 XP · ✦ Nailed it 10 XP · 📄 Grace Card

Monday

Tue s day

We dne s day

Thurs day

Friday

Saturday

Sunday

Week

Wk1

Wk2

Wk3

Wk4

Wk5

Wk6

Wk7

Wk8

Wk9

Wk10

Wk11

5 Day 1 - begin Oct

6 Day 2

7 Day 3

8 Day 4

9 Day 5

10 Day 6

11 Day 7

12 Day 8

13 Day 9

14 Day 10

15 Day 11

16 Day 12

17 Day 13

18 Day 14

19 Day 15

20 Day 16

21 Day 17

22 Day 18

23 Day 19

24 Day 20

25 Day 21

26 Day 22

27 Day 23

28 Day 24

29 Day 25

30 Day 26

31 Day 27

1 Day 28 - Nov

2 Day 29

3 Day 30

4 Day 31

5 Day 32

6 Day 33

7 Day 34

8 Day 35

9 Day 36

10 Day 37 - halfway

11 Day 38

12 Day 39

13 Day 40

14 Day 41

15 Day 42

16 Day 43

17 Day 44

18 Day 45

19 Day 46

20 Day 47

21 Day 48

22 Day 49

23 Day 50

24 Day 51

25 Day 52

26 Day 53

27 Day 54

28 Day 55

29 Day 56

30 Day 57

1 Day 58 - Dec

2 Day 59

3 Day 60

4 Day 61

5 Day 62

6 Day 63

7 Day 64

8 Day 65

9 Day 66

10 Day 67

11 Day 68

12 Day 69

13 Day 70

14 Day 71

15 Day 72

16 Day 73 - the heart

17 Dec

18 Dec

19 Dec

20 Dec

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

Myrhythms this season

🏠 {HOME}

❤️ {HEART}

🏠 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

🏠 {HOME}

☐ played

☐ won back

☐ unspent · \$20

❤️ {HEART}

☐ played

☐ won back

☐ unspent · \$20

🏠 {BODY}

☐ played

☐ won back

☐ unspent · \$20

🌱 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

1 Beginner

2 Finding Your Feet

3 Getting Momentum

4 On a Roll

5 Semi Sorted

6 Consistent

7 Thriving

8 Untoppable

9 Cottage Keeper

10 Season Legend

0 XP

25 XP

50 XP

75 XP

100 XP

150 XP

200 XP

250 XP

300 XP

350 XP

Seasons on XP

Pamper pot

\$1 for every score d day · cross one off each night

1

2

3

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72

73

Score d days × \$1 = \$

Unspent Grace Cards × \$20 = \$

Pamper pot total = \$

Key dates

The one rule: never miss three days in a row. Two days off is grace, not failure.

My Semi Sorted Life · mysemisortedlife.com

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Monday

Tue s day

We dne s day

Thurs day

Friday

Saturday

Sunday

Week

Wk 1

Wk 2

Wk 3

Wk 4

Wk 5

Wk 6

Wk 7

Wk 8

Wk 9

Wk 10

Wk 11

4 Day 1 - begin Jan

5 Day 2

6 Day 3

7 Day 4

8 Day 5

9 Day 6

10 Day 7

11 Day 8

12 Day 9

13 Day 10

14 Day 11

15 Day 12

16 Day 13

17 Day 14

18 Day 15

19 Day 16

20 Day 17

21 Day 18

22 Day 19

23 Day 20

24 Day 21

25 Day 22

26 Day 23

27 Day 24

28 Day 25

29 Day 26

30 Day 27

31 Day 28

1 Day 29 - Feb

2 Day 30

3 Day 31

4 Day 32

5 Day 33

6 Day 34

7 Day 35

8 Day 36

9 Day 37 - halfway

10 Day 38

11 Day 39

12 Day 40

13 Day 41

14 Day 42

15 Day 43

16 Day 44

17 Day 45

18 Day 46

19 Day 47

20 Day 48

21 Day 49

22 Day 50

23 Day 51

24 Day 52

25 Day 53

26 Day 54

27 Day 55

28 Day 56

1 Day 57 - Mar

2 Day 58

3 Day 59

4 Day 60

5 Day 61

6 Day 62

7 Day 63

8 Day 64

9 Day 65

10 Day 66

11 Day 67

12 Day 68

13 Day 69

14 Day 70

15 Day 71

16 Day 72

17 Day 73 - the end

18 Mar

19 Mar

20 Mar

21 Mar

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

week XP

My rhythms this season

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

🏠 {HOME}

played

won back

unspent · \$20

❤️ {HEART}

played

won back

unspent · \$20

🏃 {BODY}

played

won back

unspent · \$20

🌱 {SOUL}

played

won back

unspent · \$20

Level ladder · colour as you climb

1 Beginner

2 Finding Your Feet

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8 Untoppable

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10 Season Legend

0 XP

25 XP

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250 XP

300 XP

350 XP

Seasons on XP

Pamper pot

\$1 for every scored day · cross one off each night

1

2

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71

72

73

Scored days × \$1 = \$

Unspent Grace Cards × \$20 = \$

Pamper pot total = \$

Key dates

My Semi Sorted Life · mysemisortedlife.com

The one rule: never miss three days in a row. Two days off is grace, not failure.

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	Monday	Tue s day	We dne s day	Thurs day	Friday	Saturday	Sunday	We e k
Wk1	29 before	30 before	31 before	1 before	2 before	3 before	4 Day 1 · begin· Apr 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 2	5 Day 2 🏠 ❤️ 🏠 🌱 📄	6 Day 3 🏠 ❤️ 🏠 🌱 📄	7 Day 4 🏠 ❤️ 🏠 🌱 📄	8 Day 5 🏠 ❤️ 🏠 🌱 📄	9 Day 6 🏠 ❤️ 🏠 🌱 📄	10 Day 7 🏠 ❤️ 🏠 🌱 📄	11 Day 8 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 3	12 Day 9 🏠 ❤️ 🏠 🌱 📄	13 Day 10 🏠 ❤️ 🏠 🌱 📄	14 Day 11 🏠 ❤️ 🏠 🌱 📄	15 Day 12 🏠 ❤️ 🏠 🌱 📄	16 Day 13 🏠 ❤️ 🏠 🌱 📄	17 Day 14 🏠 ❤️ 🏠 🌱 📄	18 Day 15 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 4	19 Day 16 🏠 ❤️ 🏠 🌱 📄	20 Day 17 🏠 ❤️ 🏠 🌱 📄	21 Day 18 🏠 ❤️ 🏠 🌱 📄	22 Day 19 🏠 ❤️ 🏠 🌱 📄	23 Day 20 🏠 ❤️ 🏠 🌱 📄	24 Day 21 🏠 ❤️ 🏠 🌱 📄	25 Day 22 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 5	26 Day 23 🏠 ❤️ 🏠 🌱 📄	27 Day 24 🏠 ❤️ 🏠 🌱 📄	28 Day 25 🏠 ❤️ 🏠 🌱 📄	29 Day 26 🏠 ❤️ 🏠 🌱 📄	30 Day 27 🏠 ❤️ 🏠 🌱 📄	1 Day 28 · May 🏠 ❤️ 🏠 🌱 📄	2 Day 29 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 6	3 Day 30 🏠 ❤️ 🏠 🌱 📄	4 Day 31 🏠 ❤️ 🏠 🌱 📄	5 Day 32 🏠 ❤️ 🏠 🌱 📄	6 Day 33 🏠 ❤️ 🏠 🌱 📄	7 Day 34 🏠 ❤️ 🏠 🌱 📄	8 Day 35 🏠 ❤️ 🏠 🌱 📄	9 Day 36 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 7	10 Day 37 · ha #way 🏠 ❤️ 🏠 🌱 📄	11 Day 38 🏠 ❤️ 🏠 🌱 📄	12 Day 39 🏠 ❤️ 🏠 🌱 📄	13 Day 40 🏠 ❤️ 🏠 🌱 📄	14 Day 41 🏠 ❤️ 🏠 🌱 📄	15 Day 42 🏠 ❤️ 🏠 🌱 📄	16 Day 43 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 8	17 Day 44 🏠 ❤️ 🏠 🌱 📄	18 Day 45 🏠 ❤️ 🏠 🌱 📄	19 Day 46 🏠 ❤️ 🏠 🌱 📄	20 Day 47 🏠 ❤️ 🏠 🌱 📄	21 Day 48 🏠 ❤️ 🏠 🌱 📄	22 Day 49 🏠 ❤️ 🏠 🌱 📄	23 Day 50 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 9	24 Day 51 🏠 ❤️ 🏠 🌱 📄	25 Day 52 🏠 ❤️ 🏠 🌱 📄	26 Day 53 🏠 ❤️ 🏠 🌱 📄	27 Day 54 🏠 ❤️ 🏠 🌱 📄	28 Day 55 🏠 ❤️ 🏠 🌱 📄	29 Day 56 🏠 ❤️ 🏠 🌱 📄	30 Day 57 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 10	31 Day 58 🏠 ❤️ 🏠 🌱 📄	1 Day 59 · Jun 🏠 ❤️ 🏠 🌱 📄	2 Day 60 🏠 ❤️ 🏠 🌱 📄	3 Day 61 🏠 ❤️ 🏠 🌱 📄	4 Day 62 🏠 ❤️ 🏠 🌱 📄	5 Day 63 🏠 ❤️ 🏠 🌱 📄	6 Day 64 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 11	7 Day 65 🏠 ❤️ 🏠 🌱 📄	8 Day 66 🏠 ❤️ 🏠 🌱 📄	9 Day 67 🏠 ❤️ 🏠 🌱 📄	10 Day 68 🏠 ❤️ 🏠 🌱 📄	11 Day 69 🏠 ❤️ 🏠 🌱 📄	12 Day 70 🏠 ❤️ 🏠 🌱 📄	13 Day 71 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 12	14 Day 72 🏠 ❤️ 🏠 🌱 📄	15 Day 73 · theheart 🏠 ❤️ 🏠 🌱 📄	16 Jun reset	17 Jun reset	18 Jun reset	19 Jun reset	20 Jun reset	week XP _____

Myrhythms this season

🏠 {HOME}

❤️ {HEART}

🏠 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

📄 {HOME}

☐ played
☐ won back
☐ unspent · \$20

📄 {HEART}

☐ played
☐ won back
☐ unspent · \$20

📄 {BODY}

☐ played
☐ won back
☐ unspent · \$20

📄 {SOUL}

☐ played
☐ won back
☐ unspent · \$20

Level ladder · colour as you climb

○ 1	Beginner	0 XP
○ 2	Finding Your Feet	25 XP
○ 3	Getting Momentum	50 XP
○ 4	On a Roll	75 XP
○ 5	Semi Sorted	100 XP
○ 6	Consistent	150 XP
○ 7	Thriving	200 XP
○ 8	Unstoppable	250 XP
○ 9	Cottage Keeper	300 XP
○ 10	Season Legend	350 XP

Season on XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Scored days × \$1 = \$ _____
Unspent Grace Cards × \$20 = \$ _____
Pamper pot total = \$ _____

Key dates

My Semi Sorted Life · mysemisortedlife.com

🏠 {HOME} ❤️ {HEART} 🏠 {BODY} 🌱 {SOUL} Circle one: ● Did something 5 XP · ✦ Nailed it 10 XP · 📄 Grace Card

	Monday	Tue s day	We dne s day	Thurs day	Friday	Saturday	Sunday	We e k
Wk 1	28 Jun before	29 Jun before	30 Jun before	1 Jul before	2 Jul before	3 Jul Day 1 · begin · Jul 🏠 ❤️ 🏠 🌱 📄	4 Jul Day 2 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 2	5 Jul Day 3 🏠 ❤️ 🏠 🌱 📄	6 Jul Day 4 🏠 ❤️ 🏠 🌱 📄	7 Jul Day 5 🏠 ❤️ 🏠 🌱 📄	8 Jul Day 6 🏠 ❤️ 🏠 🌱 📄	9 Jul Day 7 🏠 ❤️ 🏠 🌱 📄	10 Jul Day 8 🏠 ❤️ 🏠 🌱 📄	11 Jul Day 9 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 3	12 Jul Day 10 🏠 ❤️ 🏠 🌱 📄	13 Jul Day 11 🏠 ❤️ 🏠 🌱 📄	14 Jul Day 12 🏠 ❤️ 🏠 🌱 📄	15 Jul Day 13 🏠 ❤️ 🏠 🌱 📄	16 Jul Day 14 🏠 ❤️ 🏠 🌱 📄	17 Jul Day 15 🏠 ❤️ 🏠 🌱 📄	18 Jul Day 16 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 4	19 Jul Day 17 🏠 ❤️ 🏠 🌱 📄	20 Jul Day 18 🏠 ❤️ 🏠 🌱 📄	21 Jul Day 19 🏠 ❤️ 🏠 🌱 📄	22 Jul Day 20 🏠 ❤️ 🏠 🌱 📄	23 Jul Day 21 🏠 ❤️ 🏠 🌱 📄	24 Jul Day 22 🏠 ❤️ 🏠 🌱 📄	25 Jul Day 23 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 5	26 Jul Day 24 🏠 ❤️ 🏠 🌱 📄	27 Jul Day 25 🏠 ❤️ 🏠 🌱 📄	28 Jul Day 26 🏠 ❤️ 🏠 🌱 📄	29 Jul Day 27 🏠 ❤️ 🏠 🌱 📄	30 Jul Day 28 🏠 ❤️ 🏠 🌱 📄	31 Jul Day 29 🏠 ❤️ 🏠 🌱 📄	1 Aug Day 30 · Aug 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 6	2 Aug Day 31 🏠 ❤️ 🏠 🌱 📄	3 Aug Day 32 🏠 ❤️ 🏠 🌱 📄	4 Aug Day 33 🏠 ❤️ 🏠 🌱 📄	5 Aug Day 34 🏠 ❤️ 🏠 🌱 📄	6 Aug Day 35 🏠 ❤️ 🏠 🌱 📄	7 Aug Day 36 🏠 ❤️ 🏠 🌱 📄	8 Aug Day 37 · half way 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 7	9 Aug Day 38 🏠 ❤️ 🏠 🌱 📄	10 Aug Day 39 🏠 ❤️ 🏠 🌱 📄	11 Aug Day 40 🏠 ❤️ 🏠 🌱 📄	12 Aug Day 41 🏠 ❤️ 🏠 🌱 📄	13 Aug Day 42 🏠 ❤️ 🏠 🌱 📄	14 Aug Day 43 🏠 ❤️ 🏠 🌱 📄	15 Aug Day 44 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 8	16 Aug Day 45 🏠 ❤️ 🏠 🌱 📄	17 Aug Day 46 🏠 ❤️ 🏠 🌱 📄	18 Aug Day 47 🏠 ❤️ 🏠 🌱 📄	19 Aug Day 48 🏠 ❤️ 🏠 🌱 📄	20 Aug Day 49 🏠 ❤️ 🏠 🌱 📄	21 Aug Day 50 🏠 ❤️ 🏠 🌱 📄	22 Aug Day 51 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 9	23 Aug Day 52 🏠 ❤️ 🏠 🌱 📄	24 Aug Day 53 🏠 ❤️ 🏠 🌱 📄	25 Aug Day 54 🏠 ❤️ 🏠 🌱 📄	26 Aug Day 55 🏠 ❤️ 🏠 🌱 📄	27 Aug Day 56 🏠 ❤️ 🏠 🌱 📄	28 Aug Day 57 🏠 ❤️ 🏠 🌱 📄	29 Aug Day 58 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 10	30 Aug Day 59 🏠 ❤️ 🏠 🌱 📄	31 Aug Day 60 🏠 ❤️ 🏠 🌱 📄	1 Sep Day 61 · Sep 🏠 ❤️ 🏠 🌱 📄	2 Sep Day 62 🏠 ❤️ 🏠 🌱 📄	3 Sep Day 63 🏠 ❤️ 🏠 🌱 📄	4 Sep Day 64 🏠 ❤️ 🏠 🌱 📄	5 Sep Day 65 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 11	6 Sep Day 66 🏠 ❤️ 🏠 🌱 📄	7 Sep Day 67 🏠 ❤️ 🏠 🌱 📄	8 Sep Day 68 🏠 ❤️ 🏠 🌱 📄	9 Sep Day 69 🏠 ❤️ 🏠 🌱 📄	10 Sep Day 70 🏠 ❤️ 🏠 🌱 📄	11 Sep Day 71 🏠 ❤️ 🏠 🌱 📄	12 Sep Day 72 🏠 ❤️ 🏠 🌱 📄	week XP _____
Wk 12	13 Sep Day 73 · the heart 🏠 ❤️ 🏠 🌱 📄	14 Sep reset	15 Sep reset	16 Sep reset	17 Sep reset	18 Sep reset	19 Sep reset	week XP _____

Myrhythms this season

🏠 {HOME} _____

❤️ {HEART} _____

🏠 {BODY} _____

🌱 {SOUL} _____

Grace Cards · four in hand

🏠 {HOME}

☐ played

☐ won back

☐ unspent · \$20

❤️ {HEART}

☐ played

☐ won back

☐ unspent · \$20

🏠 {BODY}

☐ played

☐ won back

☐ unspent · \$20

🌱 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

○ 1

Beginner

0 XP

○ 2

Finding Your Feet

25 XP

○ 3

Getting Momentum

50 XP

○ 4

On a Roll

75 XP

○ 5

Semi Sorted

100 XP

○ 6

Consistent

150 XP

○ 7

Thriving

200 XP

○ 8

Unstoppable

250 XP

○ 9

Cottage Keeper

300 XP

○ 10

Season Legend

350 XP

Season on XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Scored days × \$1 = \$ _____

Unspent Grace Cards × \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

🏠 {HOME} ❤️ {HEART} 🦋 {BODY} 🌱 {SOUL} Circle one: ● Did Something 5 XP · ✦ Nailed it! 10 XP · 📄 Grace Card

	Monday	Tue s day	We dne s day	Thurs day	Friday	Saturday	Sunday	We e k
Wk 1	27 Sep before	28 Sep before	29 Sep before	30 Sep before	1 Day 1 · begin Oct 🏠 ❤️ 🦋 🌱	2 Day 2 🏠 ❤️ 🦋 🌱	3 Day 3 🏠 ❤️ 🦋 🌱	week XP _____
Wk 2	4 Day 4 🏠 ❤️ 🦋 🌱	5 Day 5 🏠 ❤️ 🦋 🌱	6 Day 6 🏠 ❤️ 🦋 🌱	7 Day 7 🏠 ❤️ 🦋 🌱	8 Day 8 🏠 ❤️ 🦋 🌱	9 Day 9 🏠 ❤️ 🦋 🌱	10 Day 10 🏠 ❤️ 🦋 🌱	week XP _____
Wk 3	11 Day 11 🏠 ❤️ 🦋 🌱	12 Day 12 🏠 ❤️ 🦋 🌱	13 Day 13 🏠 ❤️ 🦋 🌱	14 Day 14 🏠 ❤️ 🦋 🌱	15 Day 15 🏠 ❤️ 🦋 🌱	16 Day 16 🏠 ❤️ 🦋 🌱	17 Day 17 🏠 ❤️ 🦋 🌱	week XP _____
Wk 4	18 Day 18 🏠 ❤️ 🦋 🌱	19 Day 19 🏠 ❤️ 🦋 🌱	20 Day 20 🏠 ❤️ 🦋 🌱	21 Day 21 🏠 ❤️ 🦋 🌱	22 Day 22 🏠 ❤️ 🦋 🌱	23 Day 23 🏠 ❤️ 🦋 🌱	24 Day 24 🏠 ❤️ 🦋 🌱	week XP _____
Wk 5	25 Day 25 🏠 ❤️ 🦋 🌱	26 Day 26 🏠 ❤️ 🦋 🌱	27 Day 27 🏠 ❤️ 🦋 🌱	28 Day 28 🏠 ❤️ 🦋 🌱	29 Day 29 🏠 ❤️ 🦋 🌱	30 Day 30 🏠 ❤️ 🦋 🌱	31 Day 31 🏠 ❤️ 🦋 🌱	week XP _____
Wk 6	1 Day 32 · Nov 🏠 ❤️ 🦋 🌱	2 Day 33 🏠 ❤️ 🦋 🌱	3 Day 34 🏠 ❤️ 🦋 🌱	4 Day 35 🏠 ❤️ 🦋 🌱	5 Day 36 🏠 ❤️ 🦋 🌱	6 Day 37 · half way 🏠 ❤️ 🦋 🌱	7 Day 38 🏠 ❤️ 🦋 🌱	week XP _____
Wk 7	8 Day 39 🏠 ❤️ 🦋 🌱	9 Day 40 🏠 ❤️ 🦋 🌱	10 Day 41 🏠 ❤️ 🦋 🌱	11 Day 42 🏠 ❤️ 🦋 🌱	12 Day 43 🏠 ❤️ 🦋 🌱	13 Day 44 🏠 ❤️ 🦋 🌱	14 Day 45 🏠 ❤️ 🦋 🌱	week XP _____
Wk 8	15 Day 46 🏠 ❤️ 🦋 🌱	16 Day 47 🏠 ❤️ 🦋 🌱	17 Day 48 🏠 ❤️ 🦋 🌱	18 Day 49 🏠 ❤️ 🦋 🌱	19 Day 50 🏠 ❤️ 🦋 🌱	20 Day 51 🏠 ❤️ 🦋 🌱	21 Day 52 🏠 ❤️ 🦋 🌱	week XP _____
Wk 9	22 Day 53 🏠 ❤️ 🦋 🌱	23 Day 54 🏠 ❤️ 🦋 🌱	24 Day 55 🏠 ❤️ 🦋 🌱	25 Day 56 🏠 ❤️ 🦋 🌱	26 Day 57 🏠 ❤️ 🦋 🌱	27 Day 58 🏠 ❤️ 🦋 🌱	28 Day 59 🏠 ❤️ 🦋 🌱	week XP _____
Wk 10	29 Day 60 🏠 ❤️ 🦋 🌱	30 Day 61 🏠 ❤️ 🦋 🌱	1 Day 62 · Dec 🏠 ❤️ 🦋 🌱	2 Day 63 🏠 ❤️ 🦋 🌱	3 Day 64 🏠 ❤️ 🦋 🌱	4 Day 65 🏠 ❤️ 🦋 🌱	5 Day 66 🏠 ❤️ 🦋 🌱	week XP _____
Wk 11	6 Day 67 🏠 ❤️ 🦋 🌱	7 Day 68 🏠 ❤️ 🦋 🌱	8 Day 69 🏠 ❤️ 🦋 🌱	9 Day 70 🏠 ❤️ 🦋 🌱	10 Day 71 🏠 ❤️ 🦋 🌱	11 Day 72 🏠 ❤️ 🦋 🌱	12 Day 73 · the heart 🏠 ❤️ 🦋 🌱	week XP _____

Myrhythms this season

🏠 {HOME} _____
❤️ {HEART} _____
🦋 {BODY} _____
🌱 {SOUL} _____

Grace Cards · four in hand

🏠 {HOME}

☐ played
☐ won back
☐ unspent · \$20

❤️ {HEART}

☐ played
☐ won back
☐ unspent · \$20

🦋 {BODY}

☐ played
☐ won back
☐ unspent · \$20

🌱 {SOUL}

☐ played
☐ won back
☐ unspent · \$20

Level ladder · colour as you climb

1 Beginner0 XP

2 Finding Your Feet25 XP

3 Getting Momentum50 XP

4 On a Roll75 XP

5 Semi Sorted100 XP

6 Consistent150 XP

7 Thriving200 XP

8 Untoppable250 XP

9 Cottage Keeper300 XP

10 Season Legend350 XP

Season on XP _____

Pamper pot 🍷

\$1 for every score d day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Score d days × \$1 = \$ _____
Unspent Grace Cards × \$20 = \$ _____
Pamper pot total = \$ _____

Key dates

My Semi Sorted Life · mysemisortedlife.com