

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌿 {SOUL}

Circle one:

🕒 Did Something 5 XP

 ·

🌟 Nailed It 10 XP

 ·

📅 Grace Card

★ Qld public holiday

📅 Qld school term

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Week

Wk 1

5 Day 1 · begin · Oct
★ King's Birthday

🏠❤️🏃🌿

6 Day 2

📅 Term 4 starts

🏠❤️🏃🌿

7 Day 3

🏠❤️🏃🌿

8 Day 4

🏠❤️🏃🌿

9 Day 5

🏠❤️🏃🌿

10 Day 6

🏠❤️🏃🌿

11 Day 7

🏠❤️🏃🌿

week XP

Wk 2

12 Day 8

🏠❤️🏃🌿

13 Day 9

🏠❤️🏃🌿

14 Day 10

🏠❤️🏃🌿

15 Day 11

🏠❤️🏃🌿

16 Day 12

🏠❤️🏃🌿

17 Day 13

🏠❤️🏃🌿

18 Day 14

🏠❤️🏃🌿

week XP

Wk 3

19 Day 15

🏠❤️🏃🌿

20 Day 16

🏠❤️🏃🌿

21 Day 17

🏠❤️🏃🌿

22 Day 18

🏠❤️🏃🌿

23 Day 19

🏠❤️🏃🌿

24 Day 20

🏠❤️🏃🌿

25 Day 21

🏠❤️🏃🌿

week XP

Wk 4

26 Day 22

🏠❤️🏃🌿

27 Day 23

🏠❤️🏃🌿

28 Day 24

🏠❤️🏃🌿

29 Day 25

🏠❤️🏃🌿

30 Day 26

🏠❤️🏃🌿

31 Day 27

🏠❤️🏃🌿

1 Day 28 · Nov

🏠❤️🏃🌿

week XP

Wk 5

2 Day 29

🏠❤️🏃🌿

3 Day 30

🏠❤️🏃🌿

4 Day 31

🏠❤️🏃🌿

5 Day 32

🏠❤️🏃🌿

6 Day 33

🏠❤️🏃🌿

7 Day 34

🏠❤️🏃🌿

8 Day 35

🏠❤️🏃🌿

week XP

Wk 6

9 Day 36

🏠❤️🏃🌿

10 Day 37 · halfway

🏠❤️🏃🌿

11 Day 38

🏠❤️🏃🌿

12 Day 39

🏠❤️🏃🌿

13 Day 40

🏠❤️🏃🌿

14 Day 41

🏠❤️🏃🌿

15 Day 42

🏠❤️🏃🌿

week XP

Wk 7

16 Day 43

🏠❤️🏃🌿

17 Day 44

🏠❤️🏃🌿

18 Day 45

🏠❤️🏃🌿

19 Day 46

🏠❤️🏃🌿

20 Day 47

🏠❤️🏃🌿

21 Day 48

🏠❤️🏃🌿

22 Day 49

🏠❤️🏃🌿

week XP

Wk 8

23 Day 50

🏠❤️🏃🌿

24 Day 51

🏠❤️🏃🌿

25 Day 52

🏠❤️🏃🌿

26 Day 53

🏠❤️🏃🌿

27 Day 54

🏠❤️🏃🌿

28 Day 55

🏠❤️🏃🌿

29 Day 56

🏠❤️🏃🌿

week XP

Wk 9

30 Day 57

🏠❤️🏃🌿

1 Day 58 · Dec

🏠❤️🏃🌿

2 Day 59

🏠❤️🏃🌿

3 Day 60

🏠❤️🏃🌿

4 Day 61

🏠❤️🏃🌿

5 Day 62

🏠❤️🏃🌿

6 Day 63

🏠❤️🏃🌿

week XP

Wk 10

7 Day 64

🏠❤️🏃🌿

8 Day 65

🏠❤️🏃🌿

9 Day 66

🏠❤️🏃🌿

10 Day 67

🏠❤️🏃🌿

11 Day 68

📅 Term 4 ends

🏠❤️🏃🌿

12 Day 69

🏠❤️🏃🌿

13 Day 70

🏠❤️🏃🌿

week XP

Wk 11

14 Day 71

🏠❤️🏃🌿

15 Day 72

🏠❤️🏃🌿

16 Day 73 · the heart

🏠❤️🏃🌿

17 Dec

wind down

18 Dec

wind down

19 Dec

wind down

20 Dec

wind down

week XP

My rhythms this season

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌿 {SOUL}

Grace Cards · four in hand

📅 {HOME}

☐ played

☐ won back

☐ unspent · \$20

📅 {HEART}

☐ played

☐ won back

☐ unspent · \$20

📅 {BODY}

☐ played

☐ won back

☐ unspent · \$20

📅 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

1

Beginner

0 XP

2

Finding Your Feet

25 XP

3

Getting Momentum

50 XP

4

On a Roll

75 XP

5

Semi Sorted

100 XP

6

Consistent

150 XP

7

Thriving

200 XP

8

Unstoppable

250 XP

9

Cottage Keeper

300 XP

10

Season Legend

350 XP

Season XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1

2

3

4

5

6

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72

73

Scored days × \$1 = \$ _____

Unspent Grace Cards × \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

★ Mon 5 Oct King's Birthday

📅 Tue 6 Oct Term 4 starts

📅 Fri 11 Dec Term 4 ends

★ Fri 25 Dec Christmas Day

★ Fri 1 Jan New Year's Day

🏠 {HOME}

❤️ {HEART}

📈 {BODY}

🌱 {SOUL}

Circle one:

🕒 Did Something 5 XP

 ·

📌 Nailed It 10 XP

 ·

📅 Grace Card

★ Qld public holiday

📅 Qld school term

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Week
Wk 1	4 Day 1 · begin · Jan 🏠 ❤️ 📈 🌱 🕒 📌 📅	5 Day 2 🏠 ❤️ 📈 🌱 🕒 📌 📅	6 Day 3 🏠 ❤️ 📈 🌱 🕒 📌 📅	7 Day 4 🏠 ❤️ 📈 🌱 🕒 📌 📅	8 Day 5 🏠 ❤️ 📈 🌱 🕒 📌 📅	9 Day 6 🏠 ❤️ 📈 🌱 🕒 📌 📅	10 Day 7 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 2	11 Day 8 🏠 ❤️ 📈 🌱 🕒 📌 📅	12 Day 9 🏠 ❤️ 📈 🌱 🕒 📌 📅	13 Day 10 🏠 ❤️ 📈 🌱 🕒 📌 📅	14 Day 11 🏠 ❤️ 📈 🌱 🕒 📌 📅	15 Day 12 🏠 ❤️ 📈 🌱 🕒 📌 📅	16 Day 13 🏠 ❤️ 📈 🌱 🕒 📌 📅	17 Day 14 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 3	18 Day 15 🏠 ❤️ 📈 🌱 🕒 📌 📅	19 Day 16 🏠 ❤️ 📈 🌱 🕒 📌 📅	20 Day 17 🏠 ❤️ 📈 🌱 🕒 📌 📅	21 Day 18 🏠 ❤️ 📈 🌱 🕒 📌 📅	22 Day 19 🏠 ❤️ 📈 🌱 🕒 📌 📅	23 Day 20 🏠 ❤️ 📈 🌱 🕒 📌 📅	24 Day 21 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 4	25 Day 22 🏠 ❤️ 📈 🌱 🕒 📌 📅	26 Day 23 ★ Australia Day 🏠 ❤️ 📈 🌱 🕒 📌 📅	27 Day 24 📅 Term 1 starts 🏠 ❤️ 📈 🌱 🕒 📌 📅	28 Day 25 🏠 ❤️ 📈 🌱 🕒 📌 📅	29 Day 26 🏠 ❤️ 📈 🌱 🕒 📌 📅	30 Day 27 🏠 ❤️ 📈 🌱 🕒 📌 📅	31 Day 28 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 5	1 Day 29 · Feb 🏠 ❤️ 📈 🌱 🕒 📌 📅	2 Day 30 🏠 ❤️ 📈 🌱 🕒 📌 📅	3 Day 31 🏠 ❤️ 📈 🌱 🕒 📌 📅	4 Day 32 🏠 ❤️ 📈 🌱 🕒 📌 📅	5 Day 33 🏠 ❤️ 📈 🌱 🕒 📌 📅	6 Day 34 🏠 ❤️ 📈 🌱 🕒 📌 📅	7 Day 35 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 6	8 Day 36 🏠 ❤️ 📈 🌱 🕒 📌 📅	9 Day 37 · halfway 🏠 ❤️ 📈 🌱 🕒 📌 📅	10 Day 38 🏠 ❤️ 📈 🌱 🕒 📌 📅	11 Day 39 🏠 ❤️ 📈 🌱 🕒 📌 📅	12 Day 40 🏠 ❤️ 📈 🌱 🕒 📌 📅	13 Day 41 🏠 ❤️ 📈 🌱 🕒 📌 📅	14 Day 42 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 7	15 Day 43 🏠 ❤️ 📈 🌱 🕒 📌 📅	16 Day 44 🏠 ❤️ 📈 🌱 🕒 📌 📅	17 Day 45 🏠 ❤️ 📈 🌱 🕒 📌 📅	18 Day 46 🏠 ❤️ 📈 🌱 🕒 📌 📅	19 Day 47 🏠 ❤️ 📈 🌱 🕒 📌 📅	20 Day 48 🏠 ❤️ 📈 🌱 🕒 📌 📅	21 Day 49 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 8	22 Day 50 🏠 ❤️ 📈 🌱 🕒 📌 📅	23 Day 51 🏠 ❤️ 📈 🌱 🕒 📌 📅	24 Day 52 🏠 ❤️ 📈 🌱 🕒 📌 📅	25 Day 53 🏠 ❤️ 📈 🌱 🕒 📌 📅	26 Day 54 🏠 ❤️ 📈 🌱 🕒 📌 📅	27 Day 55 🏠 ❤️ 📈 🌱 🕒 📌 📅	28 Day 56 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 9	1 Day 57 · Mar 🏠 ❤️ 📈 🌱 🕒 📌 📅	2 Day 58 🏠 ❤️ 📈 🌱 🕒 📌 📅	3 Day 59 🏠 ❤️ 📈 🌱 🕒 📌 📅	4 Day 60 🏠 ❤️ 📈 🌱 🕒 📌 📅	5 Day 61 🏠 ❤️ 📈 🌱 🕒 📌 📅	6 Day 62 🏠 ❤️ 📈 🌱 🕒 📌 📅	7 Day 63 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 10	8 Day 64 🏠 ❤️ 📈 🌱 🕒 📌 📅	9 Day 65 🏠 ❤️ 📈 🌱 🕒 📌 📅	10 Day 66 🏠 ❤️ 📈 🌱 🕒 📌 📅	11 Day 67 🏠 ❤️ 📈 🌱 🕒 📌 📅	12 Day 68 🏠 ❤️ 📈 🌱 🕒 📌 📅	13 Day 69 🏠 ❤️ 📈 🌱 🕒 📌 📅	14 Day 70 🏠 ❤️ 📈 🌱 🕒 📌 📅	week XP _____
Wk 11	15 Day 71 🏠 ❤️ 📈 🌱 🕒 📌 📅	16 Day 72 🏠 ❤️ 📈 🌱 🕒 📌 📅	17 Day 73 · the heart 🏠 ❤️ 📈 🌱 🕒 📌 📅	18 Mar reset	19 Mar reset	20 Mar reset	21 Mar reset	week XP _____

My rhythms this season

🏠 {HOME}

❤️ {HEART}

📈 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

📅 {HOME}

☐ played

☐ won back

☐ unspent · \$20

📅 {HEART}

☐ played

☐ won back

☐ unspent · \$20

📅 {BODY}

☐ played

☐ won back

☐ unspent · \$20

📅 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

🕒 1

Beginner

0 XP

🕒 2

Finding Your Feet

25 XP

🕒 3

Getting Momentum

50 XP

🕒 4

On a Roll

75 XP

🕒 5

Semi Sorted

100 XP

🕒 6

Consistent

150 XP

🕒 7

Thriving

200 XP

🕒 8

Unstoppable

250 XP

🕒 9

Cottage Keeper

300 XP

🕒 10

Season Legend

350 XP

Season XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Scored days × \$1 = \$ _____

Unspent Grace Cards × \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

★ Tue 26 Jan Australia Day

📅 Wed 27 Jan Term 1 starts

📅 Thu 25 Mar Term 1 ends

★ Fri 26 Mar Good Friday

★ Sat 27 Mar Easter Saturday

★ Sun 28 Mar Easter Sunday

★ Mon 29 Mar Easter Monday

Season 2 2027 · autumn into winter

Sun 4 Apr to Tue 15 Jun 2027
Semi Sorted 73 · 73 days of becoming

[HOME](#)
[HEART](#)
[BODY](#)
[SOUL](#)
 Circle one: ☐ Did Something 5 XP · ☐ Nailed It 10 XP · ☐ Grace Card
 ★ Qld public holiday
📅 Qld school term

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Week
Wk 1	29 Mar ★ Easter Monday before	30 Mar before	31 Mar before	1 Apr before	2 Apr before	3 Apr before	4 Day 1 · begin · Apr	week XP
Wk 2	5 Day 2	6 Day 3	7 Day 4	8 Day 5	9 Day 6	10 Day 7	11 Day 8	week XP
Wk 3	12 Day 9 Term 2 starts	13 Day 10	14 Day 11	15 Day 12	16 Day 13	17 Day 14	18 Day 15	week XP
Wk 4	19 Day 16	20 Day 17	21 Day 18	22 Day 19	23 Day 20	24 Day 21	25 Day 22	week XP
Wk 5	26 Day 23 ★ Anzac Day	27 Day 24	28 Day 25	29 Day 26	30 Day 27	1 Day 28 · May	2 Day 29	week XP
Wk 6	3 Day 30 ★ Labour Day	4 Day 31	5 Day 32	6 Day 33	7 Day 34	8 Day 35	9 Day 36	week XP
Wk 7	10 Day 37 · halfway	11 Day 38	12 Day 39	13 Day 40	14 Day 41	15 Day 42	16 Day 43	week XP
Wk 8	17 Day 44	18 Day 45	19 Day 46	20 Day 47	21 Day 48	22 Day 49	23 Day 50	week XP
Wk 9	24 Day 51	25 Day 52	26 Day 53	27 Day 54	28 Day 55	29 Day 56	30 Day 57	week XP
Wk 10	31 Day 58	1 Day 59 · Jun	2 Day 60	3 Day 61	4 Day 62			

My rhythms this season

[🏠 {HOME}](#)

♥ {HEART}

📄 {BODY}

 {SOUL}

Grace Cards · four in hand

The diagram consists of two rounded rectangular boxes. The left box has a green header with a white icon of a house and the text "{HOME}". Below the header, there is a list of three items, each preceded by a white checkbox: "played", "won back", and "unspent · \$20". The right box has a red header with a white icon of a heart and the text "{HEART}". Below the header, there is a list of three items, each preceded by a white checkbox: "played", "won back", and "unspent · \$20".

☐ {BODY}	☐ {SOUL}
☐ played	☐ played
☐ won back	☐ won back
☐ unspent · \$20	☐ unspent · \$20

Level ladder · colour as you climb

- | | | |
|------|-------------------|--------|
| 0 1 | Beginner | 0 XP |
| 0 2 | Finding Your Feet | 25 XP |
| 0 3 | Getting Momentum | 50 XP |
| 0 4 | On a Roll | 75 XP |
| 0 5 | Semi Sorted | 100 XP |
| 0 6 | Consistent | 150 XP |
| 0 7 | Thriving | 200 XP |
| 0 8 | Unstoppable | 250 XP |
| 0 9 | Cottage Keeper | 300 XP |
| 0 10 | Season Legend | 350 XP |

Season XP _____

Pamper pot 📦

\$1 for every scored day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Scored days $\times$ \$1 = \$ _____

Unspent Grace Cards $\times$ \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

- ★ Mon 29 Mar Easter Monday
- 📅 Mon 12 Apr Term 2 starts
- ★ Mon 26 Apr Anzac Day
- ★ Mon 3 May Labour Day
- 📅 Fri 25 Jun Term 2 ends

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌱 {SOUL}

Circle one: 🕒 Did Something 5 XP · 🌟 Nailed It 10 XP · 📅 Grace Card

★ Qld public holiday

📅 Qld school term

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Week
Wk 1	28 Jun before	29 Jun before	30 Jun before	1 Jul before	2 Jul before	3 Jul Day 1 · begin · Jul	4 Jul Day 2	week XP _____
Wk 2	5 Jul Day 3	6 Jul Day 4	7 Jul Day 5	8 Jul Day 6	9 Jul Day 7	10 Jul Day 8	11 Jul Day 9	week XP _____
Wk 3	12 Jul Day 10 📅 Term 3 starts	13 Jul Day 11	14 Jul Day 12	15 Jul Day 13	16 Jul Day 14	17 Jul Day 15	18 Jul Day 16	week XP _____
Wk 4	19 Jul Day 17	20 Jul Day 18	21 Jul Day 19	22 Jul Day 20	23 Jul Day 21	24 Jul Day 22	25 Jul Day 23	week XP _____
Wk 5	26 Jul Day 24	27 Jul Day 25	28 Jul Day 26	29 Jul Day 27	30 Jul Day 28	31 Jul Day 29	1 Aug Day 30 · Aug	week XP _____
Wk 6	2 Aug Day 31	3 Aug Day 32	4 Aug Day 33	5 Aug Day 34	6 Aug Day 35	7 Aug Day 36	8 Aug Day 37 · halfway	week XP _____
Wk 7	9 Aug Day 38	10 Aug Day 39	11 Aug Day 40	12 Aug Day 41	13 Aug Day 42	14 Aug Day 43	15 Aug Day 44	week XP _____
Wk 8	16 Aug Day 45	17 Aug Day 46	18 Aug Day 47	19 Aug Day 48	20 Aug Day 49	21 Aug Day 50	22 Aug Day 51	week XP _____
Wk 9	23 Aug Day 52	24 Aug Day 53	25 Aug Day 54	26 Aug Day 55	27 Aug Day 56	28 Aug Day 57	29 Aug Day 58	week XP _____
Wk 10	30 Aug Day 59	31 Aug Day 60	1 Sep Day 61 · Sep	2 Sep Day 62	3 Sep Day 63	4 Sep Day 64	5 Sep Day 65	week XP _____
Wk 11	6 Sep Day 66	7 Sep Day 67	8 Sep Day 68	9 Sep Day 69	10 Sep Day 70	11 Sep Day 71	12 Sep Day 72	week XP _____
Wk 12	13 Sep Day 73 · the heart	14 Sep reset	15 Sep reset	16 Sep reset	17 Sep reset 📅 Term 3 ends	18 Sep reset	19 Sep reset	week XP _____

My rhythms this season

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

📅 {HOME}

☐ played

☐ won back

☐ unspent · \$20

📅 {HEART}

☐ played

☐ won back

☐ unspent · \$20

📅 {BODY}

☐ played

☐ won back

☐ unspent · \$20

📅 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

🕒 1 Beginner 0 XP

🕒 2 Finding Your Feet 25 XP

🕒 3 Getting Momentum 50 XP

🕒 4 On a Roll 75 XP

🕒 5 Semi Sorted 100 XP

🕒 6 Consistent 150 XP

🕒 7 Thriving 200 XP

🕒 8 Unstoppable 250 XP

🕒 9 Cottage Keeper 300 XP

🕒 10 Season Legend 350 XP

Season XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73							

Scored days × \$1 = \$ _____

Unspent Grace Cards × \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

📅 Mon 12 Jul Term 3 starts

📅 Fri 17 Sep Term 3 ends

★ Mon 4 Oct King's Birthday

📅 Tue 5 Oct Term 4 starts

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌱 {SOUL}

Circle one: 🕒 Did Something 5 XP · ✨ Nailed It 10 XP · 📅 Grace Card

★ Qld public holiday

📅 Qld school term

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Week
Wk 1	27 before	28 before	29 before	30 before	1 Day 1 · begin · Oct	2 Day 2	3 Day 3	week XP _____
Wk 2	4 ★ King's Birthday Day 4	5 📅 Term 4 starts Day 5	6 Day 6	7 Day 7	8 Day 8	9 Day 9	10 Day 10	week XP _____
Wk 3	11 Day 11	12 Day 12	13 Day 13	14 Day 14	15 Day 15	16 Day 16	17 Day 17	week XP _____
Wk 4	18 Day 18	19 Day 19	20 Day 20	21 Day 21	22 Day 22	23 Day 23	24 Day 24	week XP _____
Wk 5	25 Day 25	26 Day 26	27 Day 27	28 Day 28	29 Day 29	30 Day 30	31 Day 31	week XP _____
Wk 6	1 Day 32 · Nov	2 Day 33	3 Day 34	4 Day 35	5 Day 36	6 Day 37 · halfway	7 Day 38	week XP _____
Wk 7	8 Day 39	9 Day 40	10 Day 41	11 Day 42	12 Day 43	13 Day 44	14 Day 45	week XP _____
Wk 8	15 Day 46	16 Day 47	17 Day 48	18 Day 49	19 Day 50	20 Day 51	21 Day 52	week XP _____
Wk 9	22 Day 53	23 Day 54	24 Day 55	25 Day 56	26 Day 57	27 Day 58	28 Day 59	week XP _____
Wk 10	29 Day 60	30 Day 61	1 Day 62 · Dec	2 Day 63	3 Day 64	4 Day 65	5 Day 66	week XP _____
Wk 11	6 Day 67	7 Day 68	8 Day 69	9 Day 70	10 📅 Term 4 ends Day 71	11 Day 72	12 Day 73 · the heart	week XP _____

My rhythms this season

🏠 {HOME}

❤️ {HEART}

🏃 {BODY}

🌱 {SOUL}

Grace Cards · four in hand

📅 {HOME}

☐ played

☐ won back

☐ unspent · \$20

📅 {HEART}

☐ played

☐ won back

☐ unspent · \$20

📅 {BODY}

☐ played

☐ won back

☐ unspent · \$20

📅 {SOUL}

☐ played

☐ won back

☐ unspent · \$20

Level ladder · colour as you climb

1

Beginner

0 XP

2

Finding Your Feet

25 XP

3

Getting Momentum

50 XP

4

On a Roll

75 XP

5

Semi Sorted

100 XP

6

Consistent

150 XP

7

Thriving

200 XP

8

Unstoppable

250 XP

9

Cottage Keeper

300 XP

10

Season Legend

350 XP

Season XP _____

Pamper pot 🍷

\$1 for every scored day · cross one off each night

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

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55

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60

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62

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64

65

66

67

68

69

70

71

72

73

Scored days × \$1 = \$ _____

Unspent Grace Cards × \$20 = \$ _____

Pamper pot total = \$ _____

Key dates

★ Mon 4 Oct King's Birthday

📅 Tue 5 Oct Term 4 starts

📅 Fri 10 Dec Term 4 ends

★ Sat 25 Dec Christmas Day

★ Sun 26 Dec Boxing Day

★ Mon 27 Dec Public holiday

★ Tue 28 Dec Public holiday